



ADULT ADHD REFERRALS

Adult ADHD referrals will not be accepted without the following information from the patient:-

Please provide written evidence of the symptoms beginning prior to the age of 12 in order for the ADHD referral

to be processed and sent through for ADHD screening and assessment.

Example:-

Please give full information of ALL the following:-

You were not diagnosed with ADHD as a child, but your symptoms began during childhood and have been ongoing since.

Your symptoms cannot be explained by a mental health condition.

Your symptoms prior to 12 are now causing moderate or severe functional impairment.

Your symptoms significantly affect your day-to-day life – for example, if you're underachieving at work or find intimate relationships difficult.